

IMPACT REPORT 2016

Hand in Hand's Annual Report

Supporting families through
childhood cancer

www.handinhand.ie



OUR PURPOSE

Is to provide a range of practical and emotional support services that help to reduce the impact that a childhood cancer diagnosis has on every affected child and his or her extended family.

OUR VISION

Is to see every child in the Republic of Ireland who is diagnosed with cancer and their extended family receiving practical and emotional support throughout their cancer treatment.

OUR MISSION

Is to continue to provide the four core practical support services of childcare, domestic cleaning, laundry and family meals and further develop our practical and emotional support services for families as their needs dictate. We will continually assess the impact and value of our services and adapt them accordingly. Our mission is to extend these services to all affected families in Ireland and to work in conjunction with all other relevant service providers to optimise the benefits to children and families.

OUR VALUES

- We will treat our service users and their needs with confidentiality and respect.
- We will continually strive to improve and adapt the services provided by the charity to offer relevant, high quality and cost effective supports.
- We will hold our volunteers and supporters in the highest regard and will strive to make the experience of involvement with Hand in Hand as rewarding as possible.
- We will operate with honesty and transparency and will adhere to both the Code of Governance and the Guiding Principles for Fundraising

IMPACT REPORT 2016

CONTENTS:

- Service Manager’s Report
- Family Story
 - Freya
 - Caraiosa
- Testimonials
 - Irish Cancer Society
 - Professor Owen Smith
- Events in 2015
- Fundraiser’s Report
- Chairperson’s Report
- Service Figures 2015
- Audited Accounts 2015
- Income & Expenditure
Jan – Mar 2016

BOARD OF DIRECTORS:

- Paula Carroll (Chairperson)
- Michael Coughlan (Vice Chair)
- Michael O’Mahony (Secretary)
- Judith Sibley
- Frank Harewood
- Liam Higgins (Associate Director)

HAND IN HAND'S

2016 IMPACT REPORT

Jennifer Carpenter – Service Manager



CHILDHOOD CANCER:

I frequently hear that childhood cancer is rare. It doesn't seem rare to me; but I thought perhaps that's just because I work in the midst of it. So, I did a bit of research of the statistics. The National Cancer Registry of Ireland (NCRI) records data on all cancer in Ireland. They measure childhood cancer as occurring in the 0-14 age range and their figures show that in 2008 1 in every 455 children in Ireland was diagnosed with cancer. In 2012 this statistic was even worse at 1 in 400. At Hand in Hand we support families of older children too, so the numbers for us are higher. But what exactly is rare? Well, it is widely accepted throughout Europe that a disease is rare if it affects less than 1 in 2000. That's that then, childhood cancer is not rare!

told by parents that the effects of treatment

are nearly as bad on siblings; parents get a terrible feeling of guilt that they are not giving enough time and attention to their other children. Frequent hospital visits and often long term stays in hospital take them away from the rest of the family and can cause a lot of disruption to the usual activities of the children. Having support from a professional carer gives reassurance that the children are well cared for and can help to keep some sense of normality for the family as siblings can attend football or dancing or music lessons or whatever it is they like to do.

CHILDHOOD CANCER SERVICES

2015 – What a year! During this 12 month period Hand in Hand provided 1,595 individual practical support services to families throughout Ireland who were battling childhood cancer. So here's what we did....



663 HOUSE CLEANS

All the travel for treatment, time away from home and huge stress! The last thing a parent needs when arriving home is to have to start the housework. There is also a lot of worry around hygiene when a child is on treatment for cancer so regular house cleaning is important for all concerned. It's great to hear from many mums that getting back to a house that's clean and sparkling means they have precious time to spend with their children and one less thing to worry about. We have a number of professional cleaning companies around the country that provide regular, quality service to our families.



423 SESSIONS OF CHILDCARE

Most of our families have other children to care for besides the child who has cancer. I have often been

448 LOADS OF LAUNDRY

A child on chemo can create an awful lot more laundry! Sickness, nose bleeds etc are common enough. Add that to the time away from home and the stuff soon piles up. As one mum said 'being able to drop bags over to the local laundrette was a life-saver, especially in the 'Irish winters'!' So whenever needed, the family can use the local laundry and make sure they have clean sheets and towels at the ready and school uniforms for the rest of the children when all of a sudden Monday morning comes round again; or perhaps (and much more importantly), the vital snuggle blanket ready for the next hospital visit). Again, taking care of some of the day to day chores that every family faces means less stress for parents and carers and more of that essential precious time with children.



61 MEALS FOR FAMILIES

The smallest of all our services but to a few families this is the difference between grabbing a slice of toast and getting a proper meal. Imagine heading back from a long and trying day (or week or month!) in the hospital, had no chance to get to the shops and nothing in the presses but crumbs! We set up service arrangements with a local café or restaurant and the family can call in when needed and get a proper family meal. Every member of the family needs to eat well and keep their strength up during the months or years of treatment, so a good meal is essential.



Emotional Support

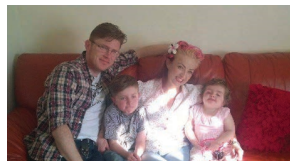
As well as the four main practical support services, we're here for a chat any time. Parents find it helpful to have someone to talk to outside the family or medical professionals. Sometimes to air worries, sometimes to have a good moan or even sometimes to have a bit of a laugh. Just knowing someone is thinking of them and cares how they're doing can be comforting. When Hand in Hand began, we hadn't really planned to offer emotional support but it happened anyway and whatever we can do for our families, we will do the best we possibly can.



There was a family we engaged with once and throughout months and months of treatment they never required any of our services. I'd check in with mum each month and she'd always say they were managing just fine. When treatment was over mum called to say thanks for all that we had done. I reminded her that we had done nothing at all but she said they'd found it such a comfort to know that help was at hand if they ever needed it and that I'd call each month to check so they knew we were always there for them should things fall apart.

HERE'S HOW ONE FAMILY DESCRIBE THEIR EXPERIENCE...

As I sit to write, ironically, it is exactly 2 years to the day that I brought our daughter Freya into Crumlin Hospital with what I thought was a simple case of constipation. Little did we know what was ahead. Freya was diagnosed with a ganglioneuroblastoma tumour and our lives were never to be the same again. Her tumour started in her lower spine, occupied almost all of her pelvic cavity and travelled out her left hip



socket into her buttocks.

In the space of a few hours life changed forever.

We spent 7 weeks on St Johns ward in Crumlin and watched as our beautiful little girl was poked and prodded, cried for us to take her home and, hardest of all, to see her beautiful hair fall out onto her pillow.

Over the next 7 months things at home got harder to manage, everyday things we take for granted became huge chores and our wee man, Lui, was missing out on his mammy and daddy.

One day, while talking to another mother on John's ward about the struggles at home she mentioned Hand in Hand and that maybe they could help out. I gave Jennifer a call and thankfully they were able to help us.

I cannot thank Hand in Hand enough for their help. The first time the guys came to clean our house, myself and my husband were working out how we were going to take the kids to a neighbour's party and still get all our work done. Sebastian (Skyline Property Services) told us to go out and he would take care of everything, it was pure bliss, not having to worry about the house work meant we could spend the afternoon with the kids, especially Lui who was feeling very left out. Another time we had a party organised for Lui's

birthday, Freya was sick in hospital all week so I had no time to get the house ready and on the way home

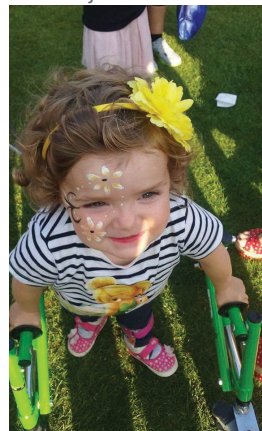


I was thinking of cancelling the party, but when I got in the door everything was done. The guys had come early that morning and got it all done so the party went ahead as planned.

This service is invaluable; childhood cancer does not just affect the diagnosed child, it affects the whole family, close and extended. When life is messy at least your house isn't and that's where you need to feel safe.

The accumulation of things that never seem to get done build over time to become overwhelming and Hand in Hand help to prevent the stress from escalating out of control. Your child with cancer has a seismic effect on your mental health and also the mental health of the whole

family. Support from Hand in Hand enabled us to stay on top of the day to day stuff so we could attend to maintaining our strength in other areas.



Tracey, Dublin

AND FROM DONEGAL...

In 2013 we were a normal family. That's what it does - the cancer. Childhood cancer comes and takes normal away. It gives you a before diagnosis and then an after-diagnosis. We have 5 children; 3 girls, 2 boys, and in 2013 they were aged from 16, 7, 5, 2 and 10 months. My husband worked full time and I was nearing the end of my maternity leave. We had a happy but busy home. We were looking forward to so much.



In November of 2013 that changed .

Our youngest daughter fell ill with what we thought

was tonsillitis and she was given an antibiotic but after 2 days she didn't improve and developed a limp. I returned to the local GP and was sent to the local A+E department in Letterkenny General Hospital. From there we were admitted to the Children's ward and after just one blood test we were given the devastating news that our little girl had Acute Lymphoblastic Leukaemia. Within an hour I was in an ambulance with her on our way to St Johns Ward in Our Lady's Hospital for Sick Children in Crumlin. That day we walked out of our lives as we knew it.

Initially we were inpatients in Crumlin for the first 2 weeks and thereafter the chemo would be given over a 2 ½ year treatment protocol. 2 ½ years is a long time in a child's life. By the end of treatment it had been half of our little girl's life. In the beginning you are in shock; disbelief that this really is happening and that it had happened to our child. We knew very little about childhood cancer. Being told that you have to be on St Johns day ward several days a week by 8am was daunting. We live in North Donegal in a beautiful place called Inishowenbut it's a long,

long way from Dublin ...nearly 4 hours away in heavy traffic. An 8 hour round trip! Reality began to sink in



and the logistics of how were we actually going to get through this was overwhelming. The days we were not in Dublin, we were in Letterkenny getting chemo or blood transfusions. Unfortunately, Caraïosa was very low and she picked up a lot of infections, needing inpatient stays. We have spent a huge amount of weeks in our local hospital.

Meanwhile, as Caraïosa fought for her life we had 4 other children to care for and my husband tried to work when he could. The other children were of very different ages and had different needs. This is where Hand in Hand came in. From the very first contact I knew that it could be ok and that they would be there for us. We were introduced to 2 amazing ladies that kept us going. In the beginning we got weekly home help but after a few months I knew we were struggling. I rang Jennifer in Hand in Hand and I just told her how things were. She organised more home help hours and then the service of a local launderette to wash and dry clothes and bed linen.

Hand in Hand saved my sanity. As a woman and a mother it is difficult to let someone into your home



and accept that you just couldn't manage or couldn't cope yourself. As a parent you are so physically and emotionally drained from all the travelling and hospital stays. The housework becomes a huge struggle. The smallest of jobs can seem like a mountain. Small things such as washing clothes or drying clothes are so difficult if you are not actually there to do them regularly. Taking home a seriously ill, immune-suppressed child to a house is nerve-racking and it's a real challenge to keep the house hygienic and infection free.

The two angels that Hand in Hand sent us tidied, decluttered, washed, changed beds, listened to me and talked to me. They have become great friends. When you are in treatment with a child fighting cancer you become very isolated. So some days it was just lovely seeing another adult! After one particularly difficult and long stay in hospital in Letterkenny I came home and cried. I was exhausted. I just sat down and cried. I sat down because I could...the house was clean and tidy and I just sat with the rest of the children on the couch.

Hand in Hand gave us time. You cannot put a value on time when your child is sick. You don't want to spend your time trying to clean. That time can be spent with your child. In a way when the house was working I

felt more in control even though our lives had gone out of control. I drew on that then for strength when I walked out of the house, not knowing would I be away for hours or weeks. The siblings had it hard but they got a sense of security from Hand in Hand too. They knew someone else was caring for them.

I always used to make my children's beds but this went out the window with the diagnosis. Then Hand in Hand stepped in and the beds were made. My daughter told me after that she always loved this because even though I may have been many miles away and she had not seen me for days, she felt as though I was with her. Hand in Hand gave my husband space to get some work done as well as enjoy time with the children and come visit our daughter in hospital.

Over the 2½ years that Hand in Hand has been there nothing has been a burden. They've seen it all; cancer at its rawest. In 2013 it tried to come and take our little girl and break her family but with Hand in Hand's help it didn't win. Caraïosa is now finished treatment, happy and well. We will be forever grateful to Hand in Hand. Thank you just doesn't go far enough.

Ethel, Donegal

OTHER TESTIMONIALS ABOUT THE WORK OF HAND IN HAND...

Hand in Hand are proud to be affiliated to the Irish Cancer Society. The affiliation programme requires support centres and service providers to maintain high standards in practice and governance. We are very grateful to the society for a grant in 2015 of €10,000 and this same funding is pledged again for 2016. The Society's Community Support Network Co-ordinator, Dorothy Thomas, had this to say of Hand in Hand.

'Hand in Hand is a national charity which provides a unique and much needed support to families affected by childhood cancer in Ireland. These practical supports ensure



that families can continue to function and focus on spending quality time with their children while their lives are disrupted by a diagnosis and treatment of cancer. The value of this, while difficult to quantify, is enormous for families.’ Dorothy goes on to say that

‘Hand in Hand has been an active participant in the development of a set of practice guidelines and has demonstrated its commitment to the principles of equity, professional service, good governance and confidentiality’.

PROFESSOR OWEN SMITH CBE, CONSULTANT PAEDIATRIC HAEMATOLOGIST

Almost all childhood cancer in Ireland is treated by the doctors in Our Lady’s Children’s Hospital, Crumlin. Professor Owen Smith CBE, Consultant Paediatric Haematologist, speaks about the support of Hand in Hand to families in his care.

‘Words cannot express how valuable and much needed the services of Hand in Hand are to our families here in the haematology/oncology unit. When a family are hit with the diagnosis that their child has cancer, their world essentially falls apart and they cannot think beyond that. Having the services of a charity like Hand in Hand has been proven to remove so many stresses from the lives of these families. Simple things that were once part of a family’s routine, such as having a home cooked

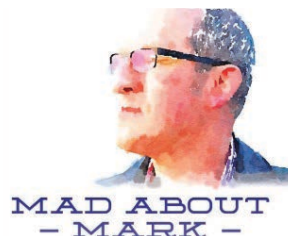
meal on the table, having the house cleaned or the care of other children in the home, never enter their minds as they struggle to cope with the reality of a seriously ill child: This is where Hand in Hand step in. They give the families peace of mind so that their only focus is the wellbeing of their sick child. The very fact that there is a charity like Hand in Hand to step in and look after these every- day tasks and recognise that families do need help with the practicalities of continuing to keep things running in the home is so important. I have spoken to many families over the years that have availed of the services of Hand in Hand and they cannot overstate how much it has meant to them and how it has helped them cope. I fully support this charity in its endeavours.’



NONE OF THIS INCREDIBLE SUPPORT WOULD HAVE BEEN POSSIBLE WITHOUT OUR HARD-WORKING FUNDRAISERS AND GENEROUS SUPPORTERS. HERE ARE JUST A FEW OF THE EVENTS THAT SUPPORTED HAND IN HAND THROUGHOUT 2015.

MARK LOGAN MEMORIAL FUNDRAISER

The late Mark Logan, percussionist with the Disconauts, passionate Chelsea FC fan, and all-round top bloke was remembered and celebrated at a special "Mad about Mark" night in the Róisín Dubh. DJs and musicians from across Ireland paid their respects to Mark, who sadly passed away in 2014, and together raised €3,333 each for Hand in Hand and two other charities.



5KM BRA WALK

Mná Moycullen raised €4,340 for Hand in Hand from their annual 5K Charity Bra Walk on April 19th. Mná Moycullen is a group of over 40 women in the Moycullen area who own and run their own businesses. Each year the group hosts a fun walk/run in aid of a different charity and 2015 saw Hand in Hand benefit from the proceeds of this unique event.

ST. MARY'S COLLEGE

The staff and students of St. Mary's College in Galway presented Hand in Hand with a cheque for €4,500. The proceeds of a number of events held during the school year which included the creation and sale of a school calendar to benefit Hand in Hand. Staff and students went above and beyond to generate as much funding as possible.



NOEL BURKE MEMORIAL RUN

The Cloonacool Community raised €3,615 for Hand in Hand at the Noel Burke Memorial Motorbike Run in Cloonacool, Tubbercurry, Co. Sligo on Sunday April 26th. The event was organised by family, friends and neighbours in memory of Noel Burke who was a great friend to Hand in Hand over the years. Noel's entire family have been fantastic supporters of the charity so we were particularly honoured to be associated with this celebration of Noel.

ENNISTYMON RUN

The Ennistymon Run is an annual fundraiser for Hand in Hand organised by Conor Flanagan. €600 was raised for Hand in Hand on this occasion, which was the 5th running of the event. Each year Conor and his family get a great team of runners and supporters together to raise funds for Hand in Hand and one other charity. Events like this that support us every year are really important as they give us some level of security and make forward planning for our services possible.



GEAROID MURPHY MEMORIAL CHALLENGE

Gearóid Murphy's parents Cormac and Mary Murphy are keeping their son's memory alive by fundraising for children's Cancer Charities through a series of fundraisers - most notably Gearóid's Three Peak Challenge which took place on Achill Island with participants climbing some or all of Achill's three highest peaks. €5,000 was raised for Hand in Hand

from this fundraising initiative. Hand in Hand worked with Gearoid's family throughout his illness and so we were incredibly proud to be a part of this special tribute to a beautiful and courageous boy.

DIP IN THE NIP

The "Dip in the Nip" is an innovative and fun annual national fundraising initiative organised by Máire Garvey in aid of cancer charities throughout Ireland. €4,100 was raised for Hand in Hand as the chosen Galway Charity. I wonder who will dare to bare next time??? Keep up to date with details of the next Dip by visiting the 'events' page on our website www.handinhand.ie or by following us on Facebook at www.facebook.com/handinhandwest.



GALWAY BLUE CHALLENGE

Hand in Hand were incredibly lucky to be chosen as the beneficiaries of the Galway Blue Challenge, a fundraising event organised by members of the Gardaí. The challenge kicked off with a cycle from Salthill on Saturday, 27th June and headed through Delphi, Leenane and Louisburg. The participants then climbed Croagh Patrick before heading for Westport where they had dinner and stayed overnight to rest their saddle-sore rears! Next day, they cycled back to Galway via Headford raising an amazing €15,725 for Hand in Hand. This was the biggest single income for us in 2015 and without it we simply would not have survived.



RUN FOR MARY 5K

Run for Mary 5K is an annual event organised by the friends of Mary Prendergast whose baby son, Zach passed away when he was only one week old, on June 4th 2012. Mary was diagnosed with cancer five months after the loss of baby Zach. Her courage and dignity during her battle with breast cancer was inspiring to all who knew her. Sadly Mary passed away on 2nd January 2014 aged 42 years. Run for Mary 5K raised €5,065 for Hand in Hand and was a truly uplifting event. It was wonderful to see Mary's family and friends celebrating her life, her strength and her courage.

CIPD ANNUAL GALA DINNER – Hand in Hand were delighted to be the chosen charity for the CIPD Western Region annual Gala Dinner which raised €2,500.



WE WOULD LOVE TO LIST EVERY SINGLE EVENT, SPONSOR AND DONOR BUT THERE JUST ISN'T THE SPACE HERE! A MESSAGE FROM OUR FUNDRAISER, ÁINE KILGALLON, SUMS IT UP THOUGH....

On behalf Hand in Hand I would like to thank all our fundraisers, donors and volunteers all over Ireland for your exceptional support and dedication to Hand in Hand in 2015. We were very lucky to be involved in such a wide variety of fundraising initiatives from School Fundraisers, Corporate Fundraising, Challenge events and the heartening memorial fundraisers, where we celebrate and remember those that we have lost.

Each year in Ireland around 200 children are diagnosed with cancer. The incidence of childhood cancer is increasing every year and so funding is

essential to meet the increased need for our services. The treatment of childhood cancer often extends to years. We currently receive no Government funding which means that we have no long term sustainable income. We rely and operate solely on voluntary fundraising and donations.

Needless to say, in order to progress with our service plans we require your support and are very grateful for all that we receive. You help us to make a real difference to our families through your fundraising events and donations, by volunteering your time and by sponsoring and supporting others who are fundraising on our behalf.

Should you hold a fundraiser in future or wish to donate to a charity, we would be grateful if you would consider nominating Hand in Hand. If we can support you with your fundraising event or you would like to get involved in one of our campaigns please don't hesitate to get in touch with us.

With thanks - Áine

CHAIRPERSON'S REPORT – PAULA CARROLL

Two years ago I was delighted to accept an invitation to join Hand in Hand's voluntary Board of Directors. The charity was then only beginning to emerge from the perception – not only by the public, but by itself -- of being a very small West of Ireland charity; and was now becoming known for being disproportionately efficient in comparison to its size.

Up until the start of 2014, the specific aim of Hand in Hand was to aid the families of those affected by childhood cancer in eight counties in the West of Ireland. However, as word of the effectiveness and purely *practical* nature of the charity spread, Service Manager, Jennifer Carpenter, found herself increasingly under pressure to expand the scope of the charity into other counties, to the point where Hand in Hand now assists families throughout the Republic of Ireland.

I joined the Board during the period when this courageous expansion was being made; and what a very necessary move it was.

This was not only because of the simple fact that as a human being, it goes beyond difficult to turn aside those who come to us for relief, having just received some of the hardest news that they are ever likely to get and looking at some of the hardest times that they are ever likely to face. No matter how many families Jennifer deals with, each one is different. She never sees them as a 'case' but as a unique group of people with their own very individual set of circumstances, their own very individual set of needs.

And that takes not only compassion and empathy, but a certain skill and confidence, because she will be dealing with what are often a very diverse set of demands.

It was also necessary to expand because by being confined to the West, the charity was – despite the absolutely essential nature of its services – not achieving the recognition that it deserved.



This wasn't a case of vanity. As with everything that Hand in Hand does, this was practical. This was about survival. This was about forcing those in authority to at least listen to us, to at least look at what we do and to at least help in some way.

This was about making things better for those that we serve.

The statistics on what we have achieved can be seen elsewhere in this report, but I would draw your attention to that figure of 1,595 individual services provided; that is a staggering amount of work to be organised by Jennifer and our fundraiser, Aine Kilgallon.

Unfortunately, this huge volume of service in 2015 left us with a significant and worrying financial deficit, to the point where we faced closure of the charity at the beginning of 2016. It was only thanks to an incredible response to our public appeal that disaster was averted.

We are not out of the woods yet, and it is essential that this level of support continues in order to ensure the future of our services. We will never be able to fully show proper thanks to our tireless and inventive

fundraisers and volunteers, but I would like to now at least try to express our gratitude and ask them to continue to assist us in the coming months and years.

The Poet, Seamus Heaney once said that we should 'walk on air against our better judgement'.

I've been privileged to work with people who do that as just part of their daily lives. And it seems that when things are at their blackest that they reach into reserves of strength they never knew they had.

Thank you to Jennifer, Aine; to Yulia in the Charity Shop; to my fellow voluntary Board members; to everyone who has ever made a donation in order to help keeping Hand in Hand running at maximum efficiency; and once again to each and every one of our fantastic volunteers and fundraisers. I look forward to seeing where Hand in Hand goes now, in a new and exciting phase of its existence.

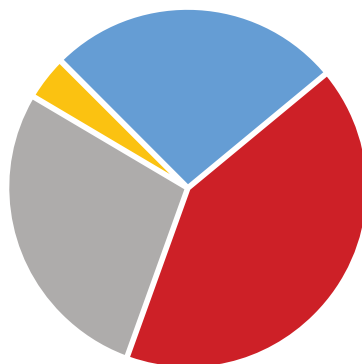
Paula M Carroll

SERVICE FIGURES 2015

45 families received services: these ranged in size from 2 to 8 family members so around 250 individuals benefited directly from the charity's services.

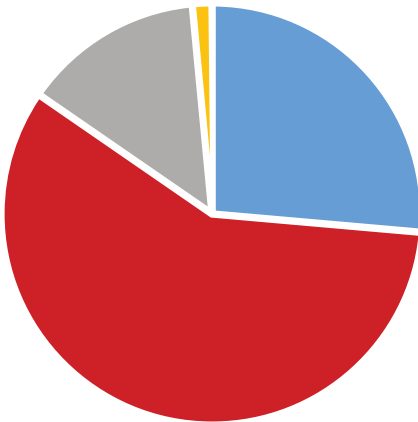
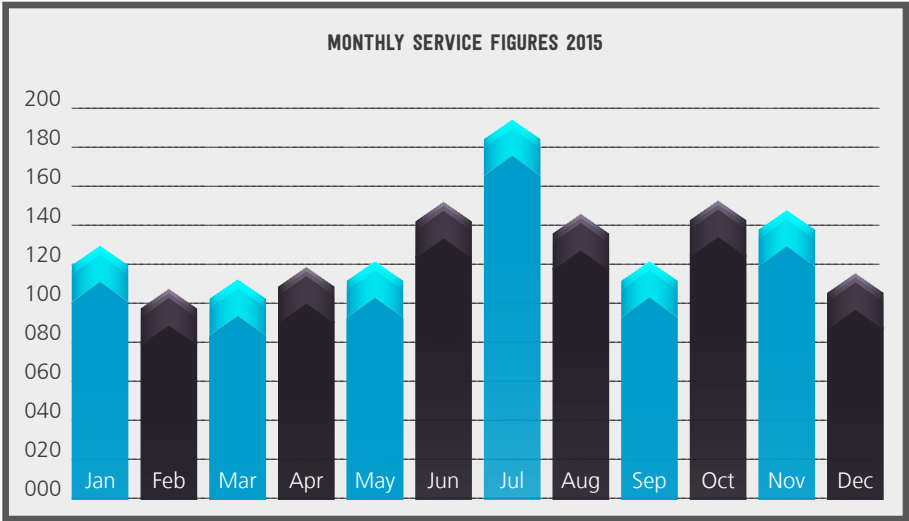
1,595 practical support services were delivered...

SERVICE TYPE



■ Childcare ■ Laundry
■ Cleaning ■ Meals

In addition, more than 300 emotionally supportive episodes were provided through telephone support, home and hospital visits and meetings within our support centre.



SERVICE COSTS 2015

Total cost of practical support services provided during 2015 was 104,417 and the spread of that cost can be seen in the chart below. Domestic cleaning continues to be the most used of all the services at 58% of total expenditure.



As all of our practical support services are delivered by local professionals, we are re-investing back in to the communities that support us.

2015 STATUTORY ACCOUNTS

Our audited accounts for 2015 paint a bleak picture but thanks to the incredible response to our urgent appeal in the first quarter of 2016, the crisis has been averted. However, it is vital that this level of support is maintained and that we achieve a level of state funding if our services are to continue to be made available to all families going forward.

Hand in Hand CLG

Financial Statements for the year ended 31st December 2015

Income and expenditure account

2015 (€) 2014 (€)

Income	148,225	118,886
Expenditure	(191,649)	(139,493)
Deficit for the year	(43,425)	(20,607)
Retained surplus brought forward	67,029	75,351
Retained surplus carried forward	2,997	46,422

Balance Sheet (year ended 31st December 2015)

2015 (€) 2014 (€)

Fixed Assets

Tangible Assets	841	23,353
-----------------	-----	--------

Current Assets

Debtors	7,030	8,232
Cash at Bank & In Hand	20,086	55,083

Creditors: Amounts fall due within one year

Net Current Assets	2,156	23,069
--------------------	-------	--------

Total Assets less Current Liabilities

Net Current Assets	2,997	46,422
--------------------	-------	--------

Reserves

Income & Expenditure Account	2,997	46,422
------------------------------	-------	--------

Members' Funds

	2,997	46,422
--	-------	--------

Cash Flow Statement

(For year ended 31st December 2015)

	2015 (€)	2014 (€)
Cash Generated From Operations		
Operating Deficit	43,425	20,607
Reconciliation to Cash Generated From Operations		
Depreciation	10,063	5,838
Movement in debtors	1,202	(5,813)
Movement in creditors	(15,286)	24,460
	<u>47,446</u>	<u>3,878</u>
Cash From Other Sources		
Proceeds from sale of fixed assets	<u>13,500</u>	
Application of Cash		
Purchase of Fixed Assets	(1,051)	(29,191)
Net Decrease in Cash	(34,997)	(25,313)
Cash at bank and in hand less Overdrafts at beginning of year	<u>55,083</u>	<u>80,396</u>
Cash at bank and in hand less Overdrafts at beginning of year	<u>20,086</u>	<u>55,083</u>
Consisting of:		
Cash at bank and in hand	<u>20,086</u>	<u>55,083</u>

Employees & Remuneration

Number of employees		
The average number of persons employed (including executive directors) during the year was as follows:		
	2015 number	2014 number
Operations	2	1
The staff costs comprise:		
	2014 (€)	2013 (€)
Wages and salaries	44,166	28,011
Social welfare costs	4,737	2,983
	48,903	30,994

2016 Income and Expenditure (first quarter)

	2015(€)
Income 1 January 2016 to 31 March 2016	65,870
Expenditure 1 January 2016 to 31 March 2016	37,414
Profit for first quarter 2016	28,456

The sheer generosity of people throughout Ireland meant we have been able to restore at least part of the losses suffered in 2015. It is vital that we keep working to build a level of financial reserve so that we can plan the provision of services with confidence and never risk having to turn away a family in need.



Please,
help us to
continue
these vital
services.



We urgently require funds to meet
an unprecedented demand
for our services across Ireland!

Text **IGIVE** to
50300
To donate just €2

100% of your donation goes to HAND IN HAND across most network operators.
Some operators apply VAT which means a minimum of €1.63 will go to HAND IN HAND.
Service Provider: LIKECHARITY. Helpline: 0766805278

Hand in Hand Registered Charity Number CHY17268

Supporting families through
childhood cancer

Hand In Hand Contact Details

Telephone:	091 483 694
Mobile:	087 660 0103 (out of hours)
E-mail:	info@handinhand.ie
Website:	www.handinhand.ie
Postal Address:	Main Street, Oranmore, Co. Galway

Hand In Hand Bank Details

Account:	Hand in Hand
Bank:	Ulster Bank
Branch:	Tuam Road, Galway
BIC:	ULSB IE 2D
IBAN:	IE36 ULSB 9857 5500 7777 13

Hand in Hand Registered Charity Number CHY17268

You can also follow us on Facebook and Twitter:



twitter @HandinHandWest
www.facebook.com/HandInHandWest